

LA PEDALATA

LIEVE



BORMIO | BADIA

Bormio – Caldaro > 140 km – 3.100 hm
Caldaro – Badia > 95 km – 2.400 hm

BADIA | BORMIO

Badia – Merano > 125 km – 2.100 hm
Merano – Bormio > 95 km – 2.600 hm



The Bormio-Alta Badia and Alta Badia-Bormio routes are similar to those of “La Pedalata Tosta”, but the rides are at the more relaxed pace of bike-packing. The bikes are equipped with bike-packing bags provided by our hotels so that cyclists can carry their essentials for the journey. The keyword is “exploration” with the program being designed so that cyclists will enjoy stops and overnight stays in the charming villages along the way.

THE WORD “LIEVE” IN ITALIAN MEANS LIGHT, THE LIGHTER VERSION OF THE TOUR “LA PEDALATA TOSTA”.

ROUTE INFO

- «La Pedalata» Alta Badia - Merano > 124 km with 2.110m ascent
- «La Pedalata» Merano - Bormio > 96 km with 2.570m ascent
- «Rest day» on the bike in Alta Badia > 50 km approximately
- «La Pedalata» Bormio - Caldaro > 142 km with 3.130m ascent
- «La Pedalata» Caldaro - Alta Badia > 95 km with 2.360m ascent

KLAUS'S AND DANIELE'S SUGGESTIONS

- Try to limit your luggage to the essentials, you will appreciate it every time you tackle a climb
- Your bike will be different to ride with bike-packing bags, so start slowly to get used to the different weight
- The route is demanding and you will feel the weight of the luggage at the end of the day, so try to keep a steady pace in order to be able to enjoy the different landscapes
- In every village or town, there are fountains to fill up your water bottles

PACKAGE

- 4 nights including half board
- 2 nights including breakfast
- 5 snack-packs with energy bars and drink
- Briefing about the route on the day of arrival
- Customized GPX tracks
- Miss Grape packs rental for your bike
- Laundry service for cycling gear in our hotel and in the Hotel Melodia del Bosco

ROUTE INFO

- The package “La Pedalata” is organised on request and customized to your wishes
- Prices start from 815.00 € per person
- In the hotel Funivia and Hotel Melodia del Bosco, half board is included
In all other accommodations, it is breakfast only
- The price does not include lunch, snacks and drinks
- A good level of athletic preparation is a prerequisite for the tour



SCHEDULE

Day 1

- Check-in at Hotel Funivia
- Dinner at the hotel

Day 2

- Breakfast
- Start of “La Pedalata” Alta Badia - Merano
- Check-in hotel for bed and breakfast

Day 3

- Breakfast
- Start of “La Pedalata” Merano - Bormio
- Check-in at Hotel Funivia
- Dinner at the hotel

Day 4

- Breakfast
- Start of “La Pedalata” Bormio - Caldaro
- Check-in at the hotel for bed and breakfast

Day 5

- Breakfast
- Start of “La Pedalata” Caldaro – Alta Badia
- Check-in at Hotel Melodia del Bosco
- Dinner at the hotel

Day 6

- Breakfast
- Check-out

LA PEDALATA

BORMIO-ALTA BADIA

